

TAKE FIVE

Member Services & Benefits — caask.ca

Great Gift Ideas from CAA

This Christmas, share the peace of mind, countless benefits and great value of a CAA Saskatchewan membership. Purchase a gift membership, and CAA will also give you a gift — a handy roadside kit. As well, CAA Saskatchewan StoreFront has a variety of gift ideas for everyone on your list, from luggage, travel accessories and Tilley hats to automotive gadgets and cool kids stuff — all at special member prices. And you earn CAA Dollars on most purchases.

Check out other sure-to-make-them-smile holiday gifts from CAA's many Show Your Card & Save partners:

- Cineplex Movie Packs (treat 'em to a movie and treats)
- Husky and Mohawk gift certificates (help ease the pain at the pumps)
- Payless ShoeSource gift certificates (who doesn't need shoes?)
- Flowers from FloraWorld.com (say it with flowers)
- Magellan GPS (point them in the right direction)
- Blue Nile fine jewellery (add a little sparkle to their world)
- CAA Visa TravelMoney Card (a welcome present for any traveller)

i Visit any CAA Saskatchewan office; 1-800-564-6222; caask.ca



Show Your Card & Save Specials

Sparkle and Save with Blue Nile

CAA members save \$100 on a diamond purchase of \$1,000+ with Blue Nile. Offer expires at 2 p.m., December 31.

i caask.ca/bluenile

Connect & Win Contest

Your CAA membership card is your exclusive ticket for a chance to win a \$7,000 dream vacation. Enter online at caask.ca/contest or at your local CAA office. Plus, if you register online to play the Connect & Win game, you could score one of three additional prizes of 1,000 CAA Dollars. Don't forget your CAA card is always your passport to great savings at more than 160,000 merchants around the world.

i caask.ca/savings



Tie One On

'Tis the season for Santa, goodwill towards all and, unfortunately, the highest number of fatalities from impaired driving. This year, consider tying a SADD (Students Against Drinking and Driving) red ribbon on your vehicle aerial to symbolize your commitment to driving sober. Pick up your ribbon at any CAA Saskatchewan office throughout the holiday season. The best gift you can give yourself, and others, is a safe and happy holiday. If you're drinking, don't drive.

i 306-757-5562; saddsask.ca

Tuition Tipoff

Under its corporate scholarship program, CAA Saskatchewan awards three annual entrance scholarships of \$2,500 each to students attending the University of Saskatchewan, University of Regina and SIAS. Applicants must be either a CAA Saskatchewan member or child of a member and a resident of Saskatchewan. Application forms and other details are available from each institution.

i caask.ca/scholarship.html

caask.ca

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EUROPE on Sale!

Book with CAA Travel and our partners – Insight, Trafalgar and Contiki – from November 1 to December 31, 2009, for **savings of up to \$2,100 per couple.**

Conditions apply.

Exclusive CAA Group Departures

■ Tulip Time Cruise: April 17-25, 2010

Discover picturesque Holland and Belgium on a river cruise vacation with a highlight tour to the famous Keukenhof Gardens. Includes stops at Arnhem, Rotterdam, Antwerp, Ghent and the quaint fishing village of Volendam.

■ **Greek Isles with CAA and John Gormley: May 6-16, 2010** Cruise the Cradle of Civilization and experience its warmth, vibrant colours and lively cuisine. Join the popular radio talk show host aboard the Royal Caribbean's *Splendour of the Seas* for this exciting cruise.

■ **Treasures of Turkey: May 18-June 3, 2010** Join CAA on another exclusive group tour to experience the Ottoman Empire, with hospitable locals, fascinating history and amazing landscapes.

■ **Russian Waterways: June 23-July 6, 2010** An historic river sail through the heart of Russia, from legendary St. Petersburg to the capital city of Moscow. Includes all meals, unlimited wine with dinner, bottled water, cocktail reception and welcome dinner, home visit with a Russian family, ballet performance at the Hermitage Theater, guest lectures on Russian history and culture, onboard musical performances, Russian language classes and so much more.

Last chance for these tours:

■ **CAA Chairman of the Board Cruise: January 23-February 3, 2010** Larry and Gwen Haas invite you to join them on this Caribbean cruise. Sail from Fort Lauderdale to Turks & Caicos and the Dominican Republic. Distinct ports of call include the ABCs of the Caribbean – Aruba, Bonaire and Curaçao.

■ **Spectacular South Africa: February 17-March 2, 2010** Natural wonders, safaris and scenic drives.

CAA Friendship Cruises

■ **Hawaii: April 27-May 13, 2010** Adventurous days ashore and indulgent days at sea with 16 nights on board the *ms Zaandam*.

Jaunts & Journeys CAA Style

Put the Spring Back in Your Step

by Katherine Kelly, CAA Saskatchewan, Regina

While old man winter often lingers on the prairies, spring has already checked in and unpacked in Victoria. That's why I found May the perfect time to explore Canada's "City of Gardens" with WestWorld Tours. • A must-see is the world-famous Butchart Gardens. Home to one million bedding plants in 700 varieties, this Canadian National Historic Site



The first thing you notice when you enter the 3,600-square-metre Victoria Butterfly Gardens is the peel-off-your-jacket humidity. The sultry heat is the ideal rainforest environment to showcase the life cycle of thousands of free-flying tropical butterflies and moths. These dazzling critters flit, fly and mate among 200 species of orchids and masses of ornate plants, while flamingos, ducks and koi splash in the meandering stream.

(1-877-722-0272; butterflygardens.com)

At the Victoria Bug Zoo, you can hang out with more than 50 weirdly wonderful live



was a mining quarry more than 100 years ago. The ugly pit was transformed into a vast sunken garden, which was drawing 50,000 visitors a year by the 1920s. Today, more than a million annual tourists stroll through the 22-hectare estate to see the Sunken, Italian, Rose and Japanese gardens. The new Rose Carousel was unveiled in 2009. (1-866-652-4422; butchartgardens.com)

insects and spiders, including glow-in-the-dark scorpions, bird-eating tarantulas, huge walking sticks, praying mantis and a 400-leg millipede. Bug keepers offer safe critter handling experiences for the more adventurous. Check out the gift shop for unique and wacky souvenirs, including Cricket-Lick-It lollipops. (250-384-2847; bugzoo.bc.ca) To join this WestWorld Tours favourite May 3-14 or May 17-28, 2010, contact your local CAA Travel counsellor.

📞 1-800-564-6222; caask.ca

advocAAcy

Taking Action
Against DistractionWestWorld
Tours

■ **Glory of Easter: March 27-April 10, 2010, or March 28-April 11, 2010**

Join WestWorld Tours' annual trip to the Crystal Cathedral in California and the famous Easter pageant. Sights along the way include Salt Lake City, San Francisco and Alcatraz, Disneyland, Bryce and the Grand Canyon.

■ **Spring Fling in Victoria: May 3-14 or May 17-28, 2010**

Like the blooms of Butchart Gardens, this tour is a perennial Saskatchewan favourite. Travel west with engaging stops along the way and spend one week near the Inner Harbour in Victoria to enjoy daytrips to sights such as the murals of Chemainus, Butchart Gardens, Salt Spring Island, Cathedral Grove and the Butterfly Gardens.

■ **Alaska and the Yukon** WestWorld Tours began in 2000 with these signature tours, and the great north continues to inspire 10 years later.

- **All Coach: June 12-July 1, 2010**
- **Voyage of the Glaciers Cruise and 12-Night Coach: southbound, June 7-26, 2010; northbound, June 12-July 1, 2010.** Sail with Princess Cruises through the Inside Passage.

NEW ■ **Arizona – Red Rock and Canyons:**

February 13-March 6, 2010 Enjoy four nights each in Laughlin, Tucson and Mesa. As well, take a train to the Grand Canyon and a steamboat cruise on Canyon Lake. Enjoy plenty of free time for your own activities or just to sit back and relax.

NEW ■ **Cable Cars to Vineyards:**

April 16-24, 2010 Fly into San Francisco for a two-night stay and experience local cuisine, wine touring and local attractions. From here, spend six nights in Monterey, Santa Rosa and Napa. Enjoy a ride on the Wine Train, as well as wine tasting at numerous vineyards. Includes a stop at the Culinary Institute of America. Fly home from San Francisco.

YOU MAY WANT TO DIGEST this the next time you're thinking of eating behind the wheel: chowing down on fast food, fiddling with the radio or using a cellphone – anything that diverts your eyes or thoughts from driving – could be deadly.

At 50 kilometres per hour, your vehicle travels 14 metres a second. In the time it takes to wipe the ketchup off your fingers or answer a call, you might fail to notice the car ahead breaking or a child dashing across the street. SGI statistics show driver inattention contributed to 2,047 provincial collisions in 2008, resulting in 49 fatalities; and the U.S. National Highway Traffic Safety Administration states driver inattention is responsible for about 80 per cent of all collisions.

Cellular phones remain a hot topic when it comes to distracted driving. According to a 2009 survey conducted for CAA by Harris/Decima, 69 per cent of those polled have used a cellphone while driving, while eight per cent admit to using one frequently or always. While 45 per cent said using a cellphone while driving should be banned (such legislation is pending in Saskatchewan), 43 per cent thought drivers should be able to use a hands-free cellphone. However, a growing body of evidence shows that it's the cognitive distraction of carrying on a conversation that's the problem, not the style of phone.

Congested roads, engrossing conversation with passengers, tending to children, grooming, smoking and reading a map (not to mention numerous diversions outside the vehicle)



also compete for a driver's attention. And in today's high-tech world, add in navigation systems, entertainment devices and other in-vehicle gadgets.

To minimize driver distractions and potentially save lives, follow these tips:

- Budget extra travel time, especially if you are unsure of your route.
- Adjust the radio/CD player before putting the car in gear and keep music volume low.
- Familiarize yourself with all tools on your dashboard.
- Review maps and directions before driving. Ask a passenger to be your navigator.
- Remove visual obstructions (i.e., air fresheners, stickers) on your rearview or back windows.
- Pull over to a safe location to use a cellphone, send a text message, eat or tend to children.
- Keep conversation with passengers light and to a minimum.
- Always keep your eyes on the road and hands on the wheel.

i caa.ca/driventodistraction

**FOLLOW CAA SASKATCHEWAN
ON TWITTER AT**
<http://twitter.com/caasaskatchewan>

caa.sk.ca

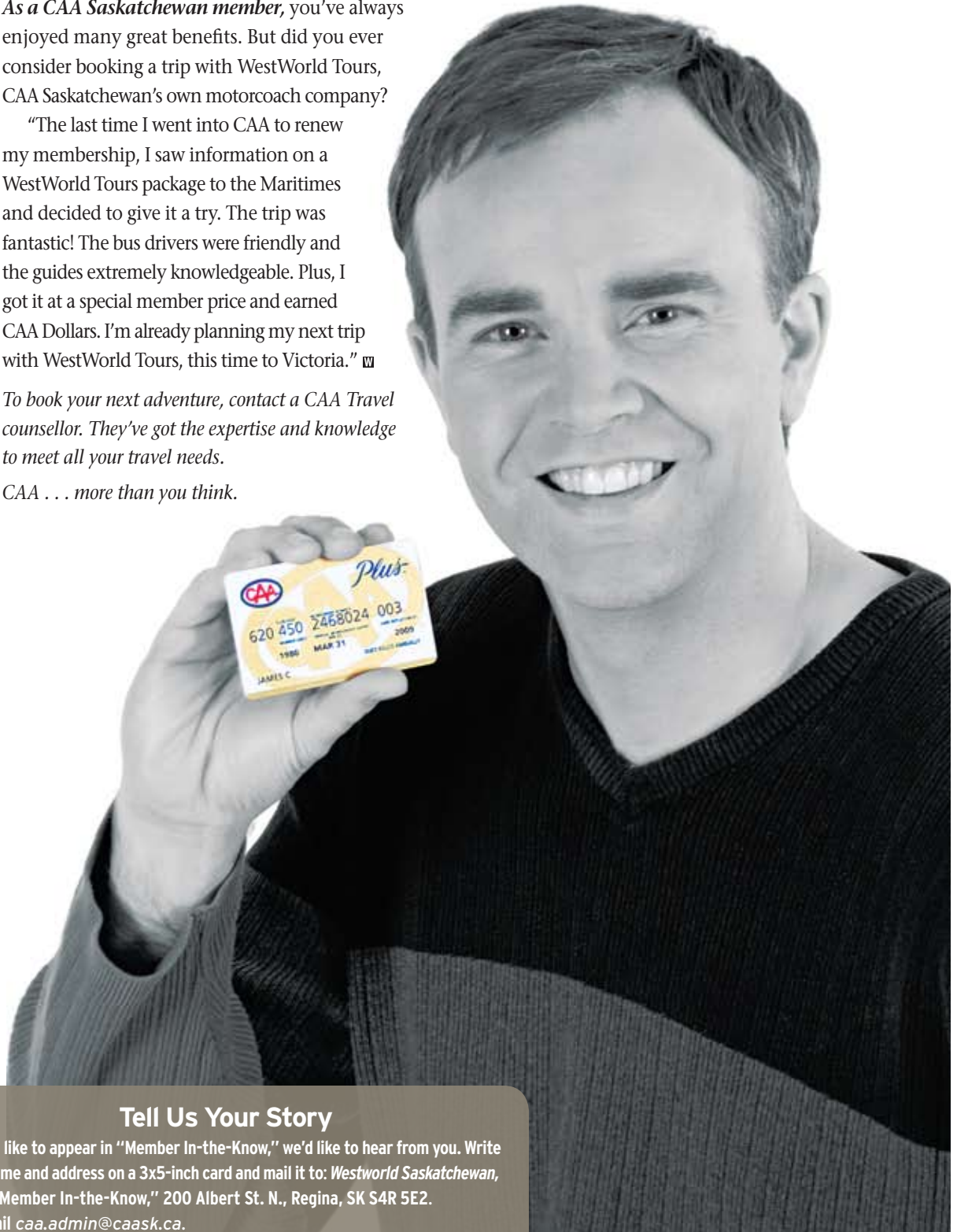
member in-the-know

As a CAA Saskatchewan member, you've always enjoyed many great benefits. But did you ever consider booking a trip with WestWorld Tours, CAA Saskatchewan's own motorcoach company?

"The last time I went into CAA to renew my membership, I saw information on a WestWorld Tours package to the Maritimes and decided to give it a try. The trip was fantastic! The bus drivers were friendly and the guides extremely knowledgeable. Plus, I got it at a special member price and earned CAA Dollars. I'm already planning my next trip with WestWorld Tours, this time to Victoria." ❖

To book your next adventure, contact a CAA Travel counsellor. They've got the expertise and knowledge to meet all your travel needs.

CAA . . . more than you think.



Tell Us Your Story

If you'd like to appear in "Member In-the-Know," we'd like to hear from you. Write your name and address on a 3x5-inch card and mail it to: *Westworld Saskatchewan, Attn: "Member In-the-Know," 200 Albert St. N., Regina, SK S4R 5E2.* Or, email caa.admin@caask.ca.