



CAA Safety Tips for the Family Day Long Weekend & February School Break

Monday, February 18th is the Family Day holiday followed by the February school break. For many Saskatchewan families, this could mean road trips to visit family and friends. To help keep Saskatchewan families safe on the road, CAA Saskatchewan has prepared some valuable safety tips.

Before you drive:

- Check weather and road conditions before travelling. Be prepared to delay plans if conditions aren't optimum.
- Plug in your vehicle at -15 degrees Celsius. The block heater and cord should be in good working condition.
- Test your vehicle's battery. Colder temperatures can weaken the battery and cause it to fail.
- Plan your route in advance. Use primary roads and highways which are regularly maintained.
- Allow extra time for travel and let others know your route and estimated time of arrival.
- Review your mobile messaging or set any navigational systems before getting behind the wheel.
- Pack a roadside vehicle kit that contains non-perishable food, water, blankets, extra outdoor clothing and footwear, flashlight, first aid supplies, booster cables, and a shovel. CAA Roadside Assistance Kits are available at your local [CAA Saskatchewan Store](#) or at caask.ca/shop/auto-safety.
- Check for working seat belts and correct installation of required children's car and booster seats.
- Consider taking your vehicle to the [CAA Car Care Centre at Regina Battery Depot](#) or a [CAA Approved Auto Repair Service \(AARS\)](#) facility for possible maintenance or servicing.

While you drive:

- Eliminate distracted driving. Do not use mobile phones for calls, texting, emails, maps, etc., while driving.
- Adjust your driving speed to weather and road conditions and keep a half or full tank of fuel for added weight.
- Leave a safe distance between vehicles, use turn signals well in advance and allow extra room to stop.
- Drivers and passengers, please wear your seat belts.
- Carry a fully charged mobile phone and a phone car charger should you need to call for help. [CAA Roadside Assistance](#) is available 24/7 for Members by calling 1-800-222-4357 or via online.
- Important! Slow to 60 km/h on Saskatchewan highways for working tow truck operators assisting motorists in need. It's the law and the safety of our tow truck operators and first responders is everyone's concern.
- More safety tips can be found in the [CAA Smart Driver's Winter Survival Guide](#)

Children may not be in school during the February break, but it's important for all motorists to obey the posted speed limit and drive with caution in [school zones](#) and near playgrounds. Many children and their families use these areas for outdoor physical activity.

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CAA Saskatchewan serves approximately 183,000 Members, offering benefits and services through its non-profit motor club, and through its travel and insurance agencies, plus the CAA Car Care Centre at Regina Battery Depot. CAA also advocates for motorists and travellers, provides consumer education, supports traffic safety programs and addresses related public policy issues.

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